



Session 3

1:00 p.m. – 2:30 p.m.

“Innovations and Challenges in Nursing Practice During a Crisis”

Moderator: Jalia West, BSN, RN

Speakers: Marlene D. Harris, MS, BSN, RN

Jaines M. Andrades, DNP, AGACNP-BC

Josh Denzel B. Estores, BSN Student, Class of 2021

Webinar Etiquette

Please remember to mute your audio.

The chat feature is limited to sending messages to the moderator and for our Q&A session. Please refrain from using the chat room to socialize with other participants.

Please use the chat box to submit your questions for the speakers.

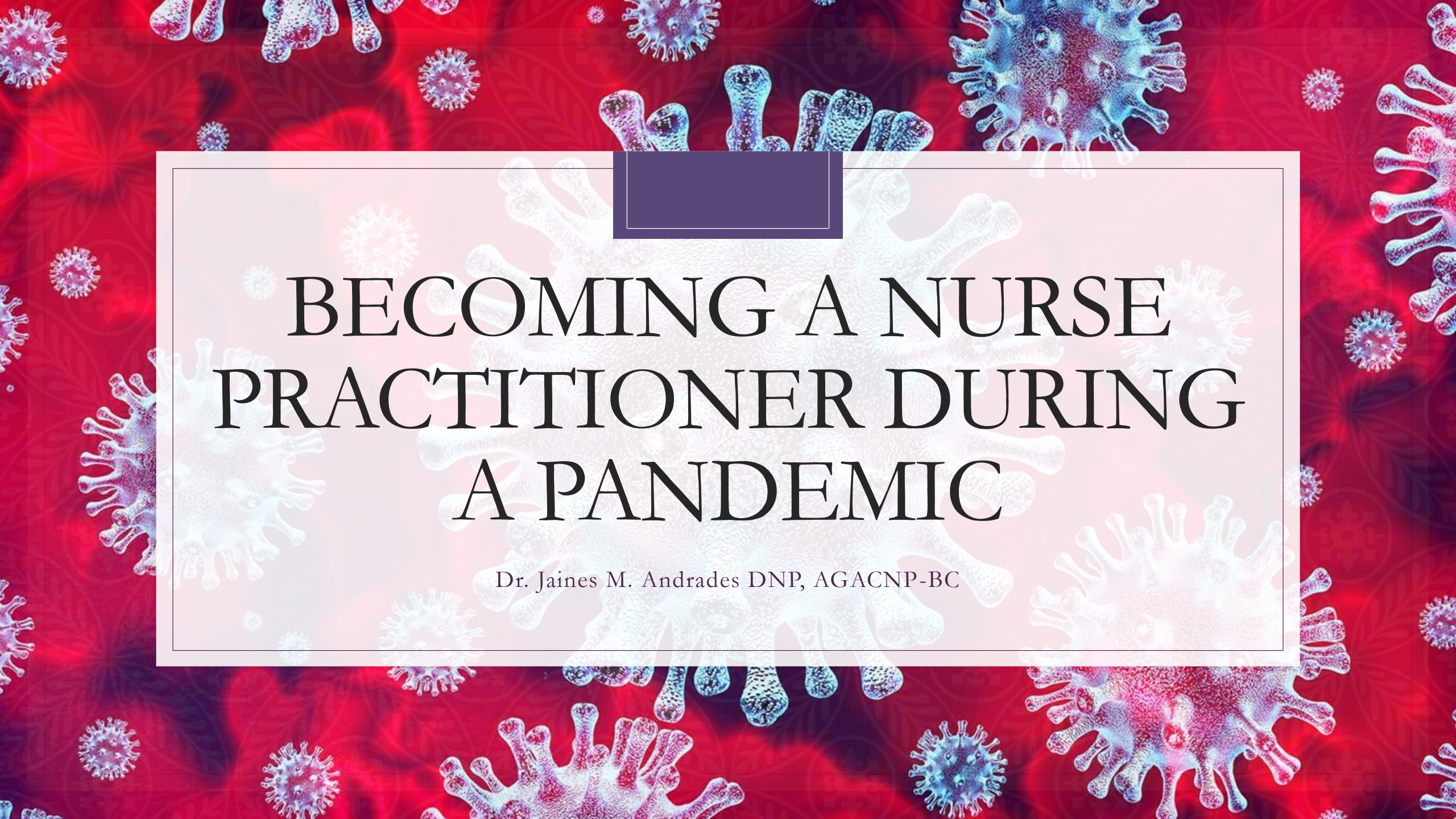
Jot down the zoom log in information in case you become disconnected and need to rejoin the session.

Enjoy the conference!

Session 3: Objectives

At the conclusion of the session, participants will be able to:

1. Identify at least 2 innovative/creative adaptations implemented in the (nursing) workplace due to COVID-19.
2. Identify at least 2 innovative/creative adaptations in the nursing program due to COVID-19.
3. Describe the student nurse perspective related to modifications as a result of COVID-19.

The background is a vibrant red field filled with numerous 3D models of coronavirus particles. These particles are depicted with their characteristic spherical shape and prominent, radiating spike proteins. The particles vary in size and are scattered across the entire frame. In the center, a white rectangular box with a thin black border contains the main title. At the top center of this box, there is a solid purple rectangular element. The title text is rendered in a large, bold, black serif font.

BECOMING A NURSE PRACTITIONER DURING A PANDEMIC

Dr. Jaines M. Andrades DNP, AGACNP-BC

Background

- Attained a BSN in 2014 from Elms College
- Practiced as a nurse until September 2020
- 2020 graduate from the Doctor of Nursing program at Elms College in Chicopee, MA
- Currently a Nurse Practitioner at Baystate Medical Center
- COVID-19 completely altered my academic and professional career

March 2020

- Initially unable to see patients who were suspected of having COVID-19
- Late March clinicals were completely canceled
- Began to see changes to practice at work
- Began job search during a pandemic

April-May 2020

- The height of the surge
- Challenges to nursing practice
- Learning a new normal

June 2020 - Present

- Learning about COVID-19
- COVID-19 becoming a part of life in and out of the hospital
- Navigating being a new provider during a pandemic and second surge

Impact of COVID-19 as a student

- Adapted to online clinicals
- Virtual learning
- Graduation canceled
- NP Boards virtually



The Impact of COVID-19 as a Nurse/Provider

- Learning how incorporate new guidelines into practice
- Implementing safe PPE practices
- Mental, physical, and emotional fatigue




Lessons Learned

- Healthcare workers are heroes
- The true impact of a nurse
- Resiliency
- Perseverance

Questions?





Student Nurse vs. Student Nurse during COVID

Josh Denzel B. Estores

Southern Connecticut State University

BSN | Class of 2021



Transition to Virtual Learning

- Asynchronous vs. synchronous learning
 - (WebEx, Microsoft Teams, Zoom)
- Clinical rotations
- Third-party resources

Breaks, Testing, Work, and Extra-Curricular





Navigating through Protocol

- Taking temperatures before and after clinical
- No in-person post-clinical debriefings
- Limiting patient care opportunities



Then, a pandemic came along.....

Now what!





Interviews

Onboarding

Orientation



Peer Support

Colleague Support

Spiritual Care

Educator and more....

*Rise above
the storm and you
will find the
sunshine.*

DreamsQuote

**Try to be a rainbow in
someone's cloud.**

Maya Angelou

BrainyQuote

**HOPE AND FEAR
CAN'T OCCUPY THE
SAME SPACE. INVITE
ONE TO STAY.**

Maya Angelou

QUOTES *Berdy*

*Thank
You*

Thank you for participating in this session!



Please complete your evaluation
by December 12th
to be entered into our drawing
for giveaways!!

Session 3 Evaluation Link:
[https://www.surveymonkey.com/
r/SX9X5S8](https://www.surveymonkey.com/r/SX9X5S8)

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